

Report on our Falls Goal

We are always trying to make things better for our members. With our health programs, our goal is to make your life better.

Studies tell us that:

- One in four people 65 or older fall each year.
- One out of five falls cause bad harm.
- Each year, many people visit the hospital for falling.

In the first 6 months 66 (13%) members self-reported at least one fall and 183 (18%) self-reported at least one fall within the last six months.

We are here to talk with you at any time to talk about your needs by doing fall risk studies, helping with appointments and medications, and making sure that your needs are met.

Please always call for help because we care about your safety!

Thank you for choosing FCC!



SMMC APPROVED
on 11/10/2022 for
Contract Period 2018-2023

Karla Barahona

SMMC Contract Manager

*Spanish and other language versions of approved materials are deemed approved provided they are exact translations.

