

How does our Dementia/Alzheimer program help you?

Florida Community Care is working with the Alzbetter Program and training our staff on methods that will help develop plans of care that are specific for each of our members.

Our Dementia/Alzheimer programs include educating you about your conditions. We also teach you self-management tools, and help you reach your goals.

We provide the following support to all

- Review of your medicines with the primary physician and/or specialist
- Education on symptoms, and how to report and control them
- Special tasks and activities to help maintain cognitive functions
- Education on how to manage the disease and reach your goal
- Emotional support to all our members and their caregivers
- Help you learn to manage stress, which will help control symptoms

**Take charge of your health
with Florida Community Care**



Florida Community Care, LLC.
5200 Blue Lagoon Drive - Suite 500
Miami FL 33126

1-833-FCC-PLAN
www.fcchealthplan.com

This information is available for free in other languages. Please contact our customer service number at 1-833-FCC-PLAN or TTY 711, Monday to Friday 8am to 8pm.

Esta información está disponible gratis en otros idiomas. Por favor, póngase en contacto con nuestro número de Servicios para Miembros a 1-833-FCC-PLAN o TTY 711 , de lunes a Viernes, de 8 a.m. a 8 p.m.



Dementia & Alzheimer's disease program

*Don't feel lost,
Florida Community Care
is here to help.*

What is Dementia?

Dementia is loss of mental function that will affect the ability to carry out everyday tasks. Dementia affects memory, ability to do everyday tasks, and ability to communicate.

Some people can forget where they put their keys, but people with dementia will forget what keys are used for. Dementia can be the cause of some diseases the most common is Alzheimer's Disease.

What is Alzheimer's disease?

Alzheimer's disease is a disease that gets worse with time. This disease affects memory, language, and thought. The exact cause is still not known.

Dementia and Alzheimer's are diseases that cannot be cured, but they **CAN** be managed.

Florida Community Care can help!

Dementia and Alzheimer's disease are diseases that can have an impact on your quality of life. There is also added stress on your family members and caregivers.

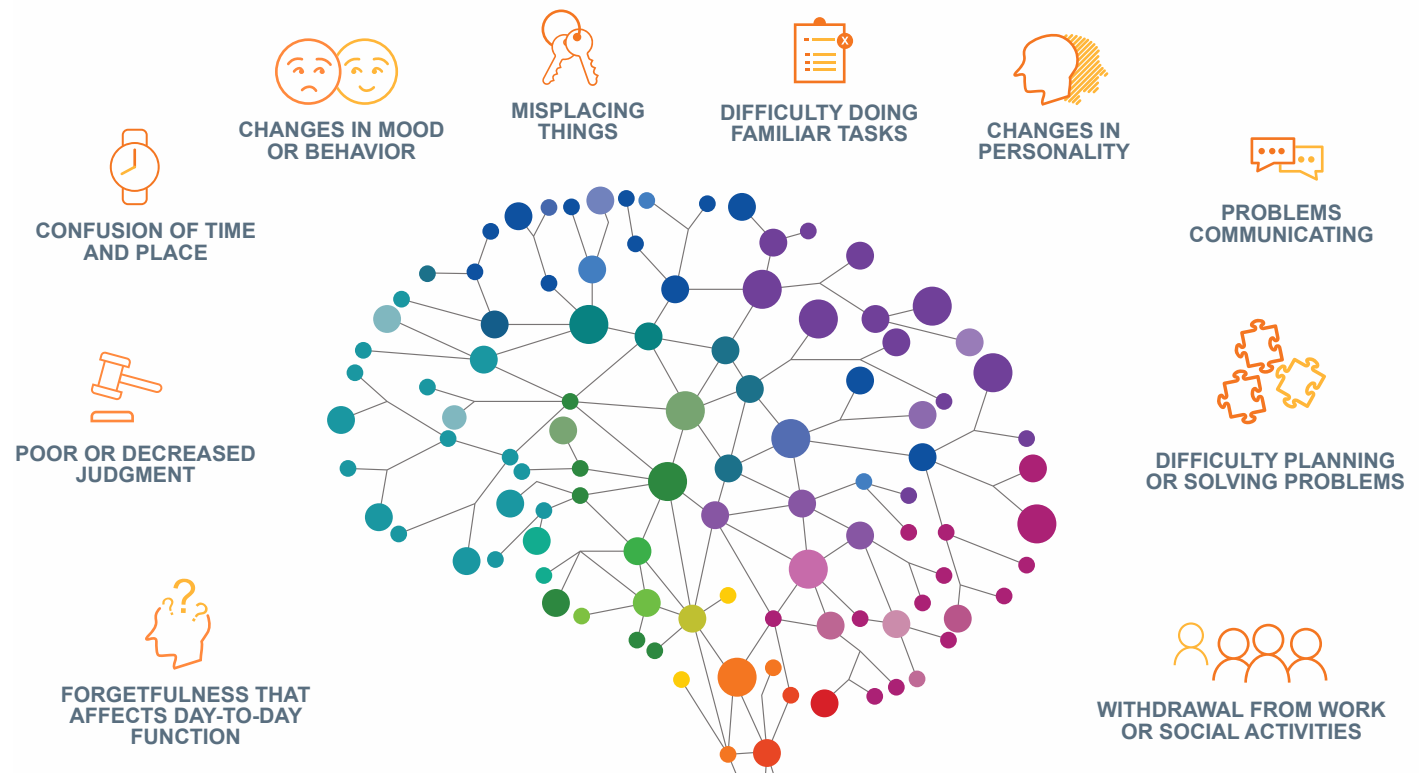
You may start finding it difficult to do everyday activities. Activities that were once easy to do.

It is important to manage these diseases. With the support of your care manager, you can learn how to report and control your symptoms.

By managing some of the causes, you can help prevent the diseases from getting worse.

Do you know the signs and symptoms?

Know the Warning Signs for Dementia and Alzheimer's Disease



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