

How does our Cancer program help you?

Florida Community Care's Cancer Program has a team of clinical staff with experience helping members who live with a chronic illness.

Our Cancer program includes educating you about your conditions. We also teach you self-management tools, and help you reach your goals.

We provide the following support to all our members:

- Education on preventive screenings that may help manage the disease and identify other conditions
- Review of your medicines with the primary physician and/or specialist
- Education on symptoms, and how to report and control them
- Education for members, caregivers, workshops, and educational material
- Education on how to manage the disease and reach your goal
- Emotional support to all our members and their caregivers
- Help you learn to manage stress, which will help control symptoms

**Manage your health
with Florida Community Care**



Florida Community Care, LLC.
5200 Blue Lagoon Drive - Suite 500
Miami FL 33126

1-833-FCC-PLAN
www.fcchealthplan.com

This information is available for free in other languages. Please contact our customer service number at 1-833-FCC-PLAN or TTY 711, Monday to Friday 8am to 8pm.

Esta información está disponible gratis en otros idiomas. Por favor, póngase en contacto con nuestro número de Servicios para Miembros a 1-833-FCC-PLAN o TTY 711, de lunes a Viernes, de 8 a.m. a 8 p.m.



Cancer program

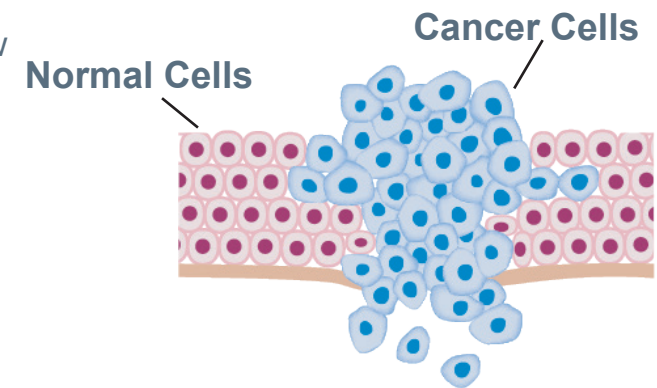
You are not alone!

*Florida Community Care
is here to help.*



What is Cancer?

Cancer is a disease in which cells grow and divide with little or no control. There are many types of cancer, they normally are called by the organ or cell where the cancer begins.



Florida Community Care can help!

Cancer can have a negative impact on your quality of life. There is also added stress on your family members and caregivers.

If you are receiving treatments, you may start finding it difficult to do everyday activities. Activities that were once easy to do.

It is important to manage your condition. With the support of your care manager, you can learn how to report and control your symptoms.

By managing your symptoms, receiving your treatments, maintaining healthy habits, and taking your medications you can help prevent your condition from getting worse.

Cancer: Thriving and Surviving Program

Florida Community Care has a Master Trainer of the “Cancer: Thriving and Surviving” Program. This program helps to bring together members and families/caregivers that are going through cancer now and those in remission.

This program helps our members deal with frustration, fatigue, pain, isolation, poor sleeping, and living with the unknown.

In the program, our members will learn appropriate exercises for flexibility, diet, and creating a self-management plan.

Small workshops are available that will help build support. Course schedule will be posted on our website www.fcchealthplan.com.



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